

YOUR REVISION PROGRAMME						
PHASE	PROCESS	FRACTION	PERIOD	START DATE	END DATE	SUBJECTS
1	Revise all your class notes, text books, and homework/coursework. Make minute, neat notes of key details/ formulae/ dates/ reasons/ skeleton answers. The whole syllabus should be condensed onto two or three sides of A4 or a shorthand notebook and be easily reviewable at a glance.	3/4	1	/ /	/ /	
			2	/ /	/ /	
			3	/ /	/ /	
			4	/ /	/ /	
			5	/ /	/ /	
			6	/ /	/ /	
			7	/ /	/ /	
			8	/ /	/ /	
			9	/ /	/ /	
			10	/ /	/ /	
			11	/ /	/ /	
			12	/ /	/ /	
2	Revise minute notes from Phase 1 . Only revisit other material, if notes need clarification or further detail.	3/16	13	/ /	/ /	
			14	/ /	/ /	
			15	/ /	/ /	
3	Revise your minute notes.	1/16	16	/ /	/ /	

- Just before an examination: Whisk finally through your minute notes for the subject.
- Just after this examination: Start whisking finally though your minute notes for the next examination.
- Keep strictly to programme. Don't think of lingering on one subject during a time period that is assigned to another subject.
- While keeping to your schedule for revision, incorporate planned periods for refreshment, recreation, rest. Take a 3 to 5 minute walk away from the desk at least every 45 minutes. Drink plenty of water. Have a laugh. Don't stay up late doing last minute cramming or pretending to 'chill out'!
- Mark your calendar; warn your friends not to disturb your restricted activities for a while; enjoy success from our *Multiple Review Memory Reinforcement*.

B J Burford & E J Burford 2002